National Organizations Urge Immunization Visit at Age 16

The flu vaccine is recommended for most persons 6 months and older. It can protect you from flu-related medical complications such as pneumonia. A flu vaccination is also effective against some strains of flu, but it will reduce your risk of complications such as pneumonia. A flu vaccine won’t prevent you from getting the flu, but it can reduce your chances of getting sick.

It’s not too late to get your flu vaccination. Many flu cases are occurring in Hawaii this season, and the flu season is expected to continue into the winter months. The 2020-2021 flu season was mild compared to recent years, but flu vaccination is still strongly recommended to help protect yourself and the ones you love.

Due to high demand, Hawaii’s only HPV vaccine brochure is available at many locations. For more information about the campaign and new school immunization requirements, visit the Hawaii Department of Health website.

Don’t wait until you have signs and symptoms of flu to get vaccinated. The flu vaccine is safe and effective, and it’s never too late to get vaccinated. Get vaccinated now and protect yourself and your loved ones.

Protect yourself and the ones you love by getting vaccinated. Head to your local clinic or pharmacy to get vaccinated today. The flu vaccine is available at many locations, including public health centers, pharmacies, and doctor’s offices.

For more information, visit https://www.immunize.org/letter/16